

Genesis Overland Park and Genesis KC Racquet Club

Better Your Game Your Menu of Gamechangers

- 1. Level Booster Stroke refinement through large volume live ball hitting. Mild technical input
- 2. Situational Drill: Technical/Strategy/Point Play
- 3. Cardio Tennis: Heart pumping/Fitness/Movement/ Faced Paced/ Music/Fun
- 4. 41 Doubles game/ fast paced/ movement/ point play (requires 4 players per court)
- 5. Singles Drill: Learn singles strategy working on live ball and point play.
- 6. Grand Slam This action packed session has a mix of situations, repetitive drills, games, tips. Its all our programs rolled into one.
- Rapid Fire Drill That's right. Grand Slam Drill just got faster, quicker, condensed. We have taken then grand slam drill concept and made it into a 1 hour drill. Low on tips and talking. High on lots of hitting

To sign up: <u>http://bit.ly/2XBqwGG</u>

For more information please contact: Michelle Hall <u>mhall@genesishealthclubs.com</u>, Branden Joost <u>bjoost@genesishealthclubs.com</u> or Nancy Hougland <u>nhougland@genesishealthclubs.com</u>

NTRP 2.5 (Lower Intermediate) Can play singles and doubles, but needs to improve net play and basic tactics. Genesis OP

Genes	IS OP							
•	Monday	12:30 – 3:00 pm	Matinee Play	\$12				
•	Tuesday	10:30 – 12:00 pm	Situational Drill	\$345 for 10 weeks				
•	Wednesday	7:00 – 8:00 pm	Situational Drill	\$345 for 10 weeks				
•	Thursday	12:30 – 3:00 pm	Matinee Play	\$12				
•	Sunday	12:00 – 1:30 pm	Situational Drill 2.5	\$345 for 10 weeks				
Genes	sis Merriam K	· · · · · · · · · · · · · · · · · · ·	2.0	• • • • • • • • •				
•	Wednesday	9:00 – 10:30 am	Situational Drill	\$285 for 10 weeks				
•	Thursday	6:00 – 7:00 pm	Situational Drill	\$285 for 10 weeks				
•	Sunday	10:30 – 12:00 pm	Situational Drill	\$285 for 10 weeks				
			s. lacks depth and variety, and consistency	the second se				
Genes		lato, Dependable stroke						
•	Monday	12:30 – 3:00 pm	Matinee	\$12				
•	Monday	6:00 – 7:00 pm	Cardio Tennis	\$21				
•	Tuesday	12:00 – 1:00 pm	Cardio Tennis	\$21				
	Tuesday	6:00 – 7:00 pm	Cardio Tennis	\$21				
	Tuesday	7:00 – 7:00 pm	Grand Slam Drill	\$33				
•	· · · · · · · · · · · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·						
•	Wednesday	10:30 – 11:30 am	Rapid Fire Drill	\$20 \$24				
•	Wednesday	6:00 – 7:00 pm	Cardio Tennis Doubles League 3.0	\$21 \$306 for18 weeks				
•	Wednesday	6:30 – 8:00 pm		•				
•	Thursday	9:00 – 10:00 am	Cardio Tennis	\$21				
•	Thursday	10:30 – 12:00 pm	Fixed Partner League	\$270 for 18 weeks				
•	Thursday	12:30 – 3:00 pm	Matinee Play	\$12				
•	Thursday	6:00 – 7:00 pm	Cardio Tennis	\$21				
•	Thursday	7:30 – 9:00 pm	Men's Round Robin League	\$306 for 18 weeks				
•	Friday	9:00 – 10:30 am	Singles Organized Play	\$20				
•	Saturday	8:00 – 9:00 am	Cardio Tennis	\$21				
•	Saturday	9:00 – 10:30 am	Grand Slam Drill	\$33				
•	Sunday	9:00 – 10:00 am	Cardio Tennis	\$21				
Genes	sis Merriam K	CRC						
•	Monday	9:00 – 10:30 am	Ladies Round Robin League	\$255 for 17 weeks				
٠	Monday	6:30 - 7:30 pm	Cardio Tennis	\$21				
•	Wednesday	12:00 – 1:00 pm	Cardio Tennis	\$21				
•	Wednesday	6:00 – 7:30 pm	Grand Slam 2 0	\$28.50				
•	Thursday	10:30 - 12:00pm	Level Booster Drill D .U	\$28.50				
•	Thursday	12:00 – 1:00 pm	Cardio Tennis	\$21				
٠	Friday	12:00 – 1:00 pm	Cardio Tennis	\$21				
٠	Saturday	12:00 – 1:00 pm	Cardio Tennis	\$21				
NTRP		•	of lobs, overheads, approach shots and voll	eys, and is seldom out of position				
Genesis OP								
•	Monday	12:30 – 3:00 pm	Matinee Play	\$12				
•	Monday	6:00 – 7:30 pm	Grand Slam Drill	\$33				
•	Tuesday	9:00 – 10:30 am	Round Robin League	\$270 for 18 weeks				
•	Tuesday	10:30 – 12:00 pm	"41" ЭГ	\$25				
•	Tuesday	12:00 – 1:00 pm	Cardio Tennis 5. 5	\$21				
•	Tuesday	6:00 – 7:00 pm	Cardio Tennis	\$21				
•	Tuesday	7:00 – 8:30 pm	Ladies Round Robin League	\$306 for 19 weeks				
	Wednesday	9:00 – 10:30 am	Singles Drill	\$33				
	Wednesday	10:30 – 11:30 am	Rapid Fire Drills	\$20				
	Wednesday	6:00 – 7:00 pm	Cardio Tennis	\$20 \$21				
	Wednesday	8:00 – 9:30 pm	Men's Doubles Flight League	\$306 for 18 weeks				
-	•	•						
-	Ihuredov	0.00 - 10.30 am	Round Robin League	\$270 for 18 maaks				
•	Thursday Thursday	9:00 – 10:30 am 12:30 – 3:00 pm	Round Robin League Matinee Play	\$270 for 18 weeks \$12				

2019 – 2020 Genesis Adult Programming – prices are for one class unless stated otherwise GENESIS HEALTH CLUBS Overland Park | 6700 W 110th St | Overland Park, KS 66211 | (913) 491-4116 | www.genesishealthclubs.com

 Thursday 	6:00 – 7:00 pm	Cardio Tennis	\$21						
 Thursday 	9:00 – 11:00 pm	Night Owls Tennis	\$21						
 Friday 	9:00 – 10:30 am	Fixed Partner League	\$270 for 18 weeks						
 Friday 	9:00 – 10:30 am	Singles Organized Play	\$20						
 Friday 	12:00 – 1:00 pm	Rapid Fire Drills	\$20						
 Saturday 	8:00 - 9:00 am	Cardio Tennis 🦳 🦳	\$21						
 Saturday 	10:30 – 12:00 pm	Grand Slam Drill 5.5	\$33						
Sunday	9:00 – 10:00 am	Cardio Tennis	\$21						
Genesis Merriam KCRC									
 Monday 	7:00 – 8:30 pm	Men's Round Robin League	\$289 for 17 weeks						
 Tuesday 	9:00 – 10:30 am	Ladies Round Robin League	\$306 for 18 weeks						
 Tuesday 	6:00 - 7:30 pm	"41"	\$25						
 Wednesday 	12:00 - 1:00 pm	Cardio Tennis	\$21						
 Wednesday 	6:00 – 7:30 pm	Grand Slam	\$28.50						
Thursday	9:00 – 10:30 am	Singles Drill 2	\$28.50						
Friday	10:30 -12:00 pm	"41" J.J	\$25						
Friday	12:00 – 1:00 pm	Cardio Tennis	\$21						
 Saturday 	12:00 - 1:00 pm	Cardio Tennis	\$21						
Sunday	1:30 – 3:00 pm	Grand Slam	\$28.50						

NTRP 4.0 Advanced Hitting with power, spin, depth and control. The serve can be a weapon, and he/she can move into a net position with some success in singles or doubles.

Genesis OP

Genesis OP					
 Monday 	8:00 – 9:00 am	Cardio Tennis	\$21		
 Monday 	9:00 – 10:30 am	Fixed Partner League	\$255 for 17 weeks		
 Monday 	8:00 – 9:30 pm	Men's Grand Slam	\$33		
 Tuesday 	9:00 – 10:00 am	Rapid Fire Drill	\$20		
 Tuesday 	12:00 – 1:30 pm	Round Robin	\$270 for 18 weeks		
 Tuesday 	6:00 – 7:00 pm	Cardio Tennis	\$21		
 Wednesday 	8:00 – 9:00 am	Cardio Tennis	\$21		
 Wednesday 	8:00 – 9:30 pm	Men's Doubles	\$306 for 18 weeks		
 Thursday 	10:30 – 12:00 pm	"41"	\$25		
 Thursday 	9:00 – 11:00 pm	Night Owl Tennis	\$21		
 Friday 	9:00 – 10:30 am	Grand Slam Drill	\$33		
 Saturday 	8:00 – 9:00 am	Cardio Tennis	\$21		
 Sunday 	9:00 – 10:00 am	Cardio Tennis 4.0	\$21		
Genesis Merriam K					
 Monday 	6:00 – 7:00 pm	Rapid Fire Drill	\$20		
 Tuesday 	10:30 – 12:00 pm	Grand Slam Drill	\$28.50		
 Tuesday 	7:00 – 8:30 pm	Men's Round Robin League	\$306 for 18 weeks		
 Wednesday 	12:00 – 1:00 pm	Cardio Tennis	\$20		
 Wednesday 	7:30 – 8:30 pm	Rapid Fire	\$20		
 Thursday 	6:30 – 8:00 pm	Ladies Round Robin League	\$306 for 18 weeks		
 Saturday 	8:00 – 9:30 am	Grand Slam Drill	\$28.50		
NTRP 4.5 Tourname	ent Player				
Genesis OP					
 Monday 	10:30 – 12:00 pm	Ladies Round Robin	\$255 for 17 weeks		
 Monday 	12:-30 – 1:30 pm	Rapid Fire	\$20		
 Tuesday 	9:00 – 10:30 am	Ladies Round Robin	\$270 for 18 weeks		
 Wednesday 	12:00 – 1:00 am	Rapid Fire	\$20		
 Thursday 	12:00 – 2:00 pm	Guest League	\$17.50 mem/\$25 guest		
 Friday 	10:30 – 12:00 pm	Grand Slam Drill	\$33		
Genesis Merriam K		1.0	•		
Wednesday	9:00 – 10:30 am	Grand Slam	\$28.50		
Thursday		Ladies Round Robin Doubles	\$306 for 18 weeks		
Saturday	8:00 – 9:30 am	Grand Slam Drill	\$28.50		

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Session dates: Fall August 19, 2019 – January 3, 2020 (no play 11/28, 11/29, 12/20-1/1) Spring January 7, 2020 – May 17, 2020 (no play 4/12)

League Prices: Daytime Leagues

\$15.00 + tax per week of league play

After 6 pm

- \$17.00 + tax per week of league play
- Round Robin League: Doubles, players will rotate partners on a weekly basis
- Fixed Partners League: Doubles Partners will play a different pair on a weekly basis

Flight League: Doubles players rotate partners after 25 mins, plays with everyone assigned to the court

Situation Drills	Overland Park			KC Racquet Club								
Situation Drill 10 week session		\$	345	5.00				\$	285	5.00		
Weekly Practice	Overland Park			KC Racquet Club								
Grand Slam 1 1/2 hours	\$33 Single \$279 for 9 pack			\$28.50 Single								
Cardio Tennis 1 hour	 \$ 21 Single \$ 169 for 10 pack \$ 285 for 20 pack 											
Rapid Fire Drill 1 hour		\$2	0		\$19							
Singles Organized Play 1												
1/2 hours	\$20											
	Overland Park			KC Racquet Club								
Private Lessons and					L	evel 1				evel 2		
Groups	1 h		1 1/2 hours		1 h		1 1/2 hours		1 hour		1 1/2 hours	
private	\$	73.00	\$	110.00	\$	60.	\$	90.00	\$	66.00	\$	99.00
Grp 2	\$	41.00			\$	35.00	\$	52.50	\$	38.00	\$	57.00
Grp 3	\$	26.00	\$	39.00	\$	26.60	\$	39.00	\$	28.60	\$	42.90
Grp 4	\$	23.00	\$	34.50	\$	22.50	\$	33.75	\$	24.00	\$	36.00
Grp 5	\$	23.00	\$	34.50	\$	20.00	\$	30.00	\$	21.20	\$	32.25
Grp 6	\$	23.00	\$	34.50	\$	18.33	\$	27.00	\$	21.00	\$	31.50
Court Time	Overland Park KC Racquet C			Club								
As of 9/3/2019		1 hr	1	1/2 hours	1 hr		1 1/2 hours					
Mon - Fri Open - 9 am	\$	14.00	\$	21.00	\$		12.00		\$		18.00	
Mon - Fri 9 am - 4 pm	\$	31.00	\$	46.50	\$		24.00		\$		36.00	
Mon - Fri 4 pm - 10 pm	\$	27.00	\$	55.50	\$		26.00		\$		39.00	
Mon - Fri 10 pm - 11 pm	\$	28.00	\$	42.00								
Sat-Sun open - 8 am	- 8 am \$ 31.00 \$ 46.5		46.50	\$		24.00		\$		36.00		
Sat - Sun 8 am - 4 pm	\$	37.00	\$	55.50		\$	26.00		\$		39.00	
Sat - Sun 4:00 pm - close \$		31.00	\$	46.50		\$	24.00		\$		36.00	

To reserve a court either location please call Overland Park 913-491-4116 or KCRC 913-789-8000 you can call either Front desk up to one week in advance.

If you don't have a NTRP rating or need more information on our adult programming, please contact Nancy Hougland <u>nhougland@genesishealthclubs.com</u>

Non-members may sign up for a free 30 day pass. The pass will let the non-member available weekly practices or lessons. For information on our guest pass contact: Dan Meditz at Overland Park location, <u>dmeditz@genesishealthclubs.com</u> Forrest Wright at the KC Racquet Club location <u>FWright@genesishealthclubs.com</u>

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